



Ready to Quit? Smoking Cessation Support



Smoking Cessation Products Available

Did you know quit aids such as nicotine replacement therapy and medications like Chantix® are covered as part of your health insurance at a **zero copay**?

Yes! Contact the SWG Tobacco Cessation Clinic for more details.

Southwest General Tobacco Cessation Clinic

The Southwest General Tobacco Cessation Clinic offers evidence-based care in a nonjudgmental environment.

Tobacco Cessation Group Sessions

- **Odd Months** (Jan, Mar, May, Jul, Sept, Nov): **First Tuesday of each month at 8 am**
- **Even Months** (Feb, Apr, Jun, Aug, Oct, Dec): **First Tuesday of each month at 4 pm**

Contact the SWG Tobacco Cessation Clinic at 440.816.2632 to enroll or with questions. Classes take place in A311.

Ohio Department of Health Tobacco Program Quit Line

The Ohio Tobacco Quit Line provides personal quit coaching and telephone counseling **FREE** of charge to ALL Ohioans, regardless of insurance status or income. It also provides **FREE** nicotine patches, gum, or lozenges for up to eight weeks to eligible participants.



1.800.QUIT.NOW
(1.800.784.8669)



<https://ohio.quitlogix.org>